

Lesson 1

Yoga

A Cosmic Kids Adventure.

[https://youtu.be/02E1468SdHg?
list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H](https://youtu.be/02E1468SdHg?list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H)

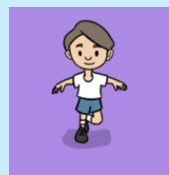


Lesson 3

Yoga

Betsy the Banana Cosmic Kids Adventure.

[https://youtu.be/40SZl84Lr7A?
list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H](https://youtu.be/40SZl84Lr7A?list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H)



EYFS PE activities

Follow the video links and keep active at home!

Lesson 2

Yoga

Going on a Bear Hunt Cosmic Kids Adventure.

[https://youtu.be/KAT5NiWHFIU?
list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H](https://youtu.be/KAT5NiWHFIU?list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H)



Lesson 4

Yoga

Squish the Fish Cosmic Kids Adventure.

[https://youtu.be/LhYtcadR9nw?
list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H](https://youtu.be/LhYtcadR9nw?list=PL8snGkhBF7nhEquR7wXbzIXjFrlXsze_H)

